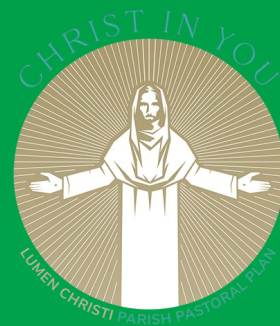


14 TH SUNDAY IN ORDINARY, Year A

9 JULY 2023

APOSTLESHIP OF THE SEA

Mary, Star of the Sea, pray for all seafarers and fishers



MASS TIMETABLE

St Francis Xavier Cathedral, Wollongong

Monday	Mass: 7am
Tuesday	Mass: 7am
Wednesday	Mass: 7am
	Confessions: 11:30am
	Mass: 12.10pm
Thursday	Mass: 7am
Friday	Mass: 7am
	Adoration: 11:30am
	Confessions: 11:30am
	Mass: 12.10pm
Saturday	Confessions: 11am—12pm
Sunday	Mass: 7am, 10.30am & 5pm

St Brigid's, Gwynneville

Thursday	Mass: 9.30am
Saturday Vigil	Mass: 5.30pm
Sunday	Mass: 9am

St John Vianney Co-Cathedral, Fairy Meadow

Tuesday	Mass: 9.30am
Thursday	Mass: 9.30am (Italian)
Sunday	Mass: 8.30am
	Mass: 10am (Italian)
	Mass: 4.30pm (Vietnamese)

Mater Dolorosa, Balgownie

Sunday	Mass: 10am
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PARISH OFFICE

Office Hours: Monday to Friday 8.30am —2.00pm
(Closed for Lunch 12pm—12.30pm)
36 Harbour St, Wollongong NSW 2500

CONTACT US

Phone: 02 4211 0500
wollongong@dow.org.au
lumenchristi.org.au

PARISH STAFF

Most Reverend Brian G Mascord,
Diocesan Bishop & Parish Priest
Very Reverend Bernard L Gordon,
Vicar General & Administrator
Reverend James Arblaster,
Assistant Priest & UoW Chaplain
Kevin Galea,
General Manager
Leanne Burlin,
Parish Secretary
Patricia Di Leva,
Administration Assistant

HOSPITAL CHAPLAIN

Wollongong Hospital: 0475 815 506

PASTORAL & FINANCE COUNCILS

Lisa de Paiva, Chair of the Pastoral Council
Gabi Tobin, Chair of the Finance Council

PARISH SCHOOLS

Kathy Uroda, Principal, St Brigid's Gwynneville
Toni Sillis, Principal, Good Samaritan Fairy Meadow

ACKNOWLEDGEMENT

We show our respect and acknowledge
the Traditional Custodians of the Dharawal Country,
Elders past, present, and emerging,
and extend that respect to all other
Aboriginal and Torres Strait Islander People.



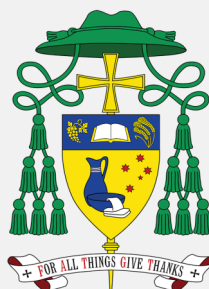
LUMEN CHRISTI
CATHOLIC PARISH

MAY THEY REST IN GOD'S PEACE ...

Guiliano Comacchio.

PLEASE PRAY FOR OUR SICK PARISHIONERS ...

Bishop Peter Ingham, Joan O'Dowd, Alan Curtis, Matthew Johnson, Suzy May Gellel, Pat Carr, John Parkinson, Joseph Scalia, Bill Sharpe, Therese & Noel Rouse, Grace Zammit.



In our parish & around the diocese

PARISH CALENDAR: JUL—AUG 2023

Mon, 17 Jul: Reconciliation & First Holy Communion Parent Evening, SBG 6.30pm
Tue, 18 Jul: Reconciliation & First Holy Communion Parent Evening, SJV 6.30pm
Sun, 23 Jul: World Day for Grandparents and the Elderly
Tue, 25 Jul: Finance Council Meeting
Wed, 26 Jul: Sts Joachim and Anne, Grandparents of Jesus
Thu, 27 Jul: Pastoral Council Meeting
Tue, 1 Aug: Feast of St John Vianney, Mass SJV 9.30am
Thu, 3 Aug: Parish Lunch, Fraternity Club Fairy Meadow 12pm
Fri, 4 Aug: Feast of St John Vianney
Sat, 5 Aug: Dedication of SJV Co-Cathedral (2011)
Sun, 6 Aug: Transfiguration
Sun, 6 Aug: Hospitality weekend
Tue, 8 Aug: Feast of St Mary of the Cross Mackillop
Masses SFX 7am, SJV 9.30am & SFX 12.10pm
Thu, 10 Aug: Reconciliation First Holy Communion Program

SACRAMENTS

- ♦ **Baptisms:** By appointment only. Baptism preparation session must be completed. Contact the parish office or book online lumenchristi.org.au/baptism)
- ♦ **Marriages:** A preliminary appointment needs to be made at least 6 months prior to Wedding Date (**No Sunday weddings in our parish**)
- ♦ For Pastoral and Sacramental needs, please contact the parish office during office hours

HELPFUL LINKS

- ♦ **Mass for you at Home:** youtube.com/massforyouathome
- ♦ **Mass/Prayer Intentions:** lumenchristi.org.au/intentions
- ♦ **Light a Votive Candle:** lumenchristi.org.au/votive
- ♦ **Census Form:** lumenchristi.org.au/census
- ♦ **Online Donations:** lumenchristi.org.au/donate
- ♦ **Join Planned Giving:** lumenchristi.org.au/support
- ♦ **Columbarium:** lumenchristi.org.au/columbarium
- ♦ **Sacramental Programme:** lumenchristi.org.au/sacramental
- ♦ **Privacy Policy:** privacy.lumenchristi.org.au
- ♦ **St Brigid's School:** sbgdow.catholic.edu.au
- ♦ **Good Samaritan School:** gsfmdow.catholic.edu.au

PARISH EFT BANK ACCOUNT DETAILS

CHURCH ACCOUNT

(Donations & Planned Giving)

BSB: 066 711 Account: 008056

Account Name: Lumen Christi Parish

PRESBYTERY ACCOUNT

(For the Clergy)

BSB: 066 711 Account: 002286

Account Name: Lumen Christi Parish Presbytery

SAVE OUR KNEES!

PADDING FOR CHURCH KNEELERS

Dear Parishioners,

The kneelers in our churches at St John Vianney Co-Cathedral, St Brigid's and Mater Dolorosa would definitely benefit from padding. This would provide greater comfort and support to all those who kneel during prayer and worship. Improving this practical aspect of our community worship will foster an environment of prayer and welcome.

Please contribute towards the purchase of padding materials for the kneelers in our churches. Your generous donation will help ensure a far more agreeable experience for all members of our congregation, young and old.

HOW TO DONATE?

To be part of this important renewal for our liturgical worship, please complete a pledge form online at: www.lumenchristi.org.au/kneelers

Direct Deposit

BSB: 066 711 Account #: 008056 Ref: Your Name-SOK

Cheques Payable to: Lumen Christi Parish

Or collect an envelope from the church door (mark it **"Kneelers Donation"**) and place it inside the collection bag, collection boxes, or hand it in at the parish office.

Thank you for helping to save the knees of our parishioners and visitors!

Fr Bernard Gordon

MORNING TEA AT LUMEN CHRISTI PARISH

A big "Thank You" to our morning tea teams at Lumen Christi Parish. Our parish office always receives a lot of great comments from parishioners who love to gather after our Sunday Masses each month.

Last Sunday the team at Wollongong celebrated National Aboriginal and Torres Strait Islander.

Our morning teas are held on the first Sunday of each month after the 8.30am, 9am, 10am & 10.30am Mass.

See you there!



Wollongong Morning Tea, (L-R) Helen Curtis & Lucy Wright

For more information on bequests please visit: lumenchristi.org.au/bequest

In our parish & around the diocese

ST MARY OF THE CROSS MACKILLOP

The Diocesan Mass to celebrate the feast of St Mary of the Cross Mackillop will be held on **Tuesday 8th August** in **St Francis Xavier Cathedral at 12.10pm**.

Mass will be celebrated by Fr Bernard Gordon for all parishioners and for all our people around the Diocese of Wollongong.



On the same day, Fr Anthony Ha will celebrate the 7am Mass at the Cathedral and Fr John Stork will offer the 9.30am Mass at St John Vianney Co-Cathedral.

St Mary of the Cross Mackillop
Pray for Us!

FIRE WEEKEND FOR YOUNG ADULTS AND YOUNG MARRIED COUPLES!

Fire Weekend is a retreat for those 18-35s looking for renewal in faith and to continue journeying with the Lord. The weekend will be packed with talks catered for young adult Catholics and times for prayer, and praise & worship. It'll be a chance to set aside time with God and be open to where He is leading you, plus you'll meet and get to know some great people on the journey with you! We'll be diving deeper into the theme RELIGHT: Called to More. You won't want to miss this!

WHEN: 5:30pm Friday 28th July – 1pm Sunday 30th July 2023

WHERE: Mt Carmel Retreat Centre
(247 St Andrews Rd, Varroville NSW 2566).

COST: \$200 (Incl of accommodation, activities and meals)

For more info and to register, scan the QR code or you can find the form at:

<https://form.jotform.com/231340929360857>

If you have any questions contact Stefanie:

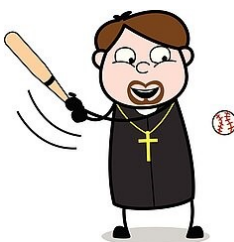
stefaniekusters@outlook.com



BISHOP BRIAN AND FR JAMES

Bishop Brian will be on annual leave during August. Fr James will be attending World Youth Day 2023 in Lisbon, Portugal from 1 August to 6 August and will be staying overseas on annual leave until 31st August.

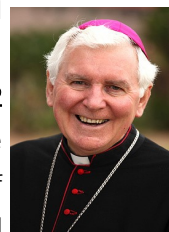
We pray that Bishop Brian and Fr James will have a restful time away.



CONGRATULATIONS

BISHOP EMERITUS PETER WILLIAM INGHAM

In a few days Bishop Peter Ingham will celebrate 30 years as a Bishop. Bishop Ingham was ordained auxiliary bishop of Sydney on **12 July 1993** by His Eminence Cardinal Clancy. He was installed as the fourth bishop of Wollongong on **25 July 2001** and then retired on 30 November 2017.



Bishop Peter celebrates his 59th year of priestly ordination on Tuesday 18th July. He was ordained to the priesthood for the Archdiocese of Sydney by His Eminence Cardinal Gilroy at St Mary's Cathedral on **18 July 1964**. The Parish of Lumen Christi congratulates Bishop Emeritus Peter on these milestone celebrations.

SEA SUNDAY—STELLA MARIS



STELLA MARIS
SUPPORTING SEAFARERS AND FISHERS
AROUND THE WORLD

Today is Sea Sunday, when the church prays for all those who live and work at sea. Without them, we would not have most of the items we rely on for daily living. Even

during a pandemic, seafarers continue to bring into our ports products that sustain our population and economy.

Stella Maris, Apostleship of the Sea, is the official maritime welfare agency of the Catholic Church. It supports seafarers both practically and spiritually. To assist this Catholic ministry, please send your donations to:

<https://stellamarisaustralia.org/sea-sunday-appeal/>



MARRIAGE ANNIVERSARIES MASS

If you are celebrating 25, 40, 50, 60 or over 60 years of marriage this year, we invite you to the celebration of Significant Marriage Anniversaries, to be celebrated with Bishop Brian Mascord on Sunday 17 September 2023 at 2pm at the St Francis Xavier Cathedral, Wollongong. Mass will be followed by light refreshments in the Xavier Centre Conference Room.

Please register online at: <https://dow.sh/ma23> or contact Helen Bennett at the Office of the Bishop at 42222403, or email helen.bennett@dow.org.au by no later than Friday 4 August 2023.

For more information on our Columbarium please visit: lumenchristi.org.au/columbarium

THIS WEEK'S READINGS & COMMENTARY

Entrance Antiphon

Cf. Ps 47:10-11

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

First Reading

Zec 9:9-10

A reading from the prophet Zechariah

See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

Responsorial Psalm

Ps 144:1-2. 8-11. 13-14. R. v.1

(R.) I will praise your name for ever,
my king and my God.

1. I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **(R.)**
2. The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **(R.)**
3. All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **(R.)**
4. The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **(R.)**

Second Reading

Rom 8:9.11-13

A reading from the letter of St Paul to the Romans

*If by the Spirit you put an end to the misdeeds of the body,
you will live.*

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way,

you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation

See Mt 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.
Alleluia!

Gospel

Mt 11:25-30

A reading from the holy Gospel according to Matthew

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Should my yoke be learned from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Communion Antiphon

Ps 33:9

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

REFLECTION by Fr Michael Tate

Not an Outsider but an Insider

In the Jewish story of the creation of Adam, the author has God fashion a figure of a human being out of damp earth, and then breathes into the nostrils of this clay figure. It becomes 'Adam'. In Hebrew, the word for breath, wind or Spirit is the same, so this story tells us that we become human when the Holy Spirit is breathed into our very being.

St Paul tells the early converts in Rome, those recently baptised, and therefore tells us who are baptised: 'The Spirit of God has made his home in you.'

Since your baptism, the Holy Spirit, the Breath of God, dwells in you in a special way. Baptism re-creates us, sharing in the life of the true Adam.

We could pause for a moment to pray:

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

LITURGICAL MINISTRIES REFRESH DAY

Day of formation and training for Readers, Ministers of Communion, Acolytes, and Servers at the Xavier Centre on **Saturday 2nd September 2023, 9am—2pm.**

To register go to: lumenchristi.org.au/refresh2023

Registration closes on Friday 25th August 2023.

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